



ESCAPE ROOM



SET-UP MANUAL

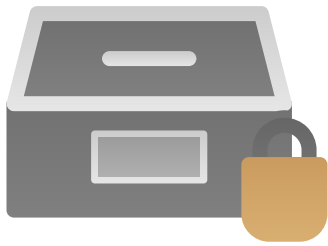
THE TIME TRAVELERS



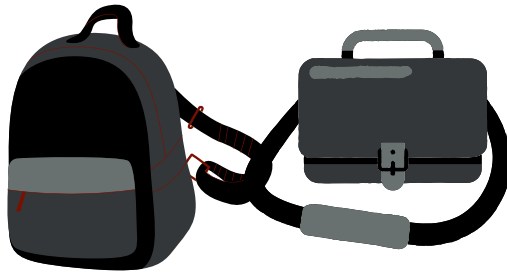
This project has been co-funded with support from the European Commission. This publication and all its contents reflect the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

12 things needed for the room

In the Active Citizenship room you need to have the following things:



1. A small container, box or bag that can be locked (it will only contain a piece of paper with an QR-code)



2. One (black/dark) bag or backpack large enough to hold an A4 sized folder and all the rest of the materials and bags.



3. A bag big enough to hold the 3 pieces of clothes



6. Four code locks with four number combinations, in the colors red, blue, black & gray/silver (Tip: If it is not possible to get hold of code locks in the specific colors, it is just as easy to paste a piece of a matching color paper on the code locks.)



4. Two different looking bags or pencil cases big enough to hold some pieces of paper and an envelope



5. A rock/metal music magazine, min. A4 size



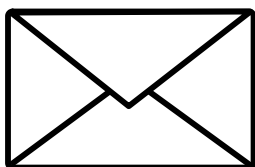
7. A UV lamp with three batteries. (If your lamp holds a different amount of batteries you can adjust the preparations easily)



8. A folder to hold all 4 student profiles



9. Three pieces of 2nd hand clothes: a Hoodie/Sweatshirt, a T-shirt and shorts or cut off jeans



9. Three envelopes, size A5 or bigger



10. A multilock



11. A uv-pen



12...: Crafting tools, such as: scissors, pens, papers, laminator, paper clips...

Preparations

It is now time to start printing, laminating and preparing certain documents.

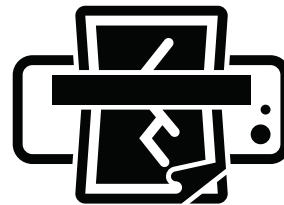
Step 1

Start by printing the materials needed for the room, which can be found in the following link:

 [LINK TO MATERIAL](#)

Step 2

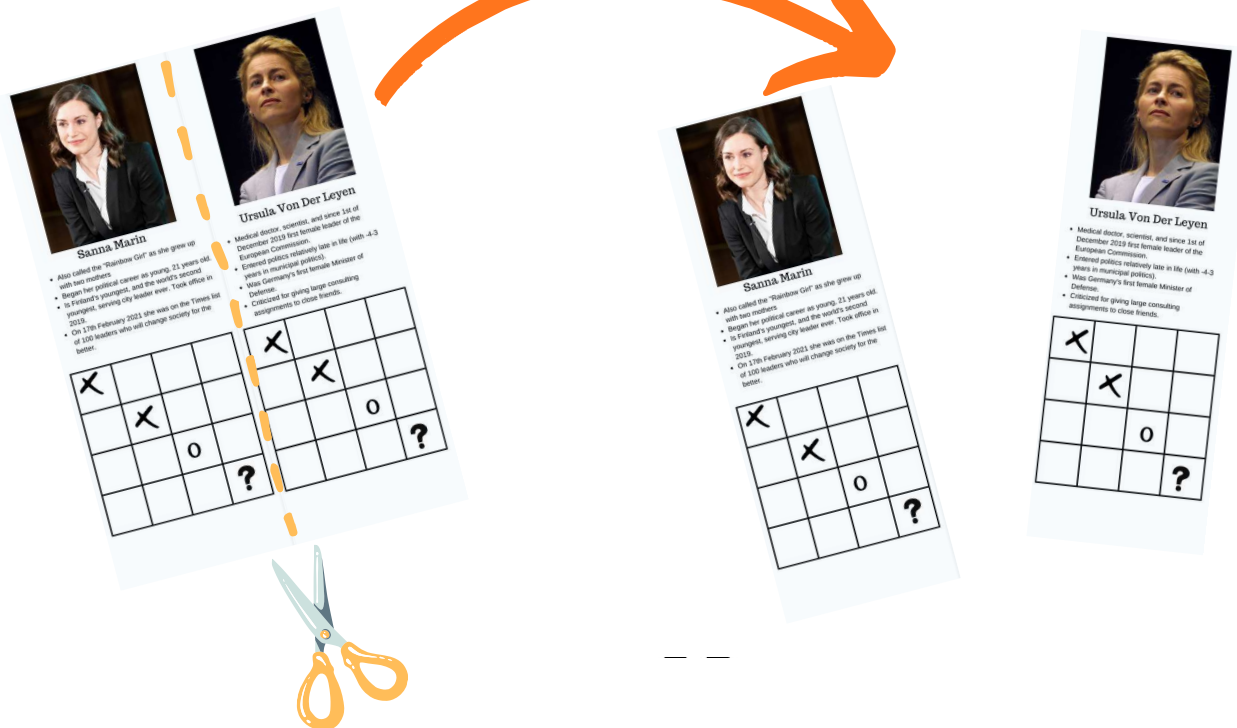
After printing all the material, you need to cut them following the instructions on the papers. In case you work in Swedish & English print them in both languages and laminate them so one side is English and the other is Swedish.



Step 3



After you have printed the document with the politicians (Sanna Marin, Ursula von der Leyen, Donald Trump, Jarosław Kaczyński), you need to cut out all the papers in the middle, so each politician is on 1 paper.



2

Now use the UV-Pen to write the following information on the 4 cards:



Sanna Marin

- Also called the "Rainbow Girl" as she grew up with two mothers
- Began her political career as young, 21 years old. Is Finland's youngest, and the world's second youngest, serving city leader ever. Took office in 2019.
- On 17th February 2021 she was on the Times list of 100 leaders who will change society for the better.



Ursula Von Der Leyen

- Medical doctor, scientist, and since 1st of December 2019 first female leader of the European Commission.
- Entered politics relatively late in life (with -4-3 years in municipal politics).
- Was Germany's first female Minister of Defense.
- Criticized for giving large consulting assignments to close friends.



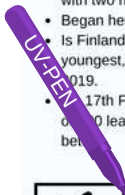
Donald Trump

- Businessman, CEO, media personality and 45th President of the United States.
- One of the first things Trump said when he became president was that democracy was no longer a foreign policy goal for the United States.
- Pursued a more nationalist policy, where he continued to build a wall against Mexico to prevent immigrants in the country.
- Left the Paris Agreement.
- First president to stand before the Supreme Court 2 times.



Jarosław Kaczyński

- Was Prime Minister from 2006 until 2007 in Poland
- Is a member of the Polish ruling party "Law and Justice" which in recent years has:
- Adopted a law that makes it a criminal offense, for citizens and journalists, to describe Poland as responsible or co-responsible for World War 2. "Poish death camps" thus did not occur during the Holocaust.
- Expelled journalists who criticized the parliament and reduced their rights to monitor the parliament.
- Wants to invest in building nuclear power plants.
- Voted against the right to abortion.



X	NUMBER OF MOMS		
	X	NUMBER OF SIBLINGS	
		0	
LAST DIGIT OF THE YEAR SHE TOOK OFFICE AS CITY LEADER ?			

X	MONTH OF BIRTH		
	LAST DIGIT OF THE YEAR SHE STARTED STUDYING		
		0	
FIRST DIGIT OF AGE WHEN SHE WENT INTO POLITICS ?			

X	DATE OF BIRTH		
	X	MONTH OF DIARY NOTE	
		0	
AMOUNT OF TIMES HE STOOD BEFORE SUPREME COURT ?			

X	DATE OF DIARY NOTE		
	NUMBER OF TIMES WINNING THE YOUTH PRIZE		
		0	
WORLD WAR ?			

This is the text you should write per hand with UV-pen on the papers as shown above:

Sanna:

Number of moms
 number of siblings
 Last digit of the year she took office as city leader

Ursula:

Month of birth
 Last digit of the year she started studying
 First digit of age when she went into politics

Donald:

date of birth
 month of diary note
 Amount of times he stood before supreme court

Jaroslav:

Date of diary note
 number of times winning the youth prize
 world war

3

After you have written the notes with UV-pen on the papers you will laminate each of them (english front, swedish back).

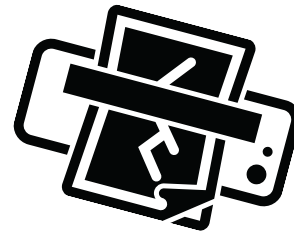


Step 4

1 Print the document with the international NGOs and their Actions and numbers written in red on them.

2 Cut them following the dotted lines.

3 Then laminate them (front English, back Swedish)



In 2021 the abortion rights movements in Mexico won incredible victories after years of struggle and strategy: in September, Mexico's Supreme Court ruled that criminalizing abortion is unconstitutional, paving the way for the country to become the most populous Latin American country to legalize abortion.

The feminist movement The Green Wave or 'Marea Verde' is fighting for female rights in Mexico. Their principal: All women, all rights: Safe, legal and free abortion.

In 2020 Hundreds of thousands of people in Poland—the country's largest mass protest in decades—mobilized to protest new restrictions that would have meant a near-total ban on abortion. As a result, the government had to delay implementing the new restrictions, a victory for reproductive rights advocates. Even after this win, protesters remain in the streets—a sign that demands for rights and reform in Poland will not end anytime soon.

The Federation for Women and Family Planning is a non-governmental organization fighting for reproductive health and rights. It was established in 1991 as a result of an agreement of five organizations – the League of Polish Women. They have been actively fighting for equal opportunities for men and women for over 25 years, protecting the right to conscious parenthood.

In Uganda, an organization helped mobilize women refugees to successfully lobby for access to 100+ acres of sustainable farming land to help improve their food security and help support their ongoing fight to mitigate the effects of climate change.

Shared Action Africa is a nonprofit that supports women and girls to gain sustainable livelihoods, lead healthy lives, and be agents of climate justice in rural and refugee areas in Uganda.

In 2021 in Vietnam women activists in garment factories were fighting for safer and better workplaces—and as a result, four factories adopted official anti-harassment policies, and one factory now provides every new worker with a training on sexual harassment prevention.

ActionAid Vietnam has been operating in Vietnam for over 25 years working closely with the poor to end poverty and injustice. One of their goals is to promote grassroots democracy to advance people's rights to gender responsive public services.

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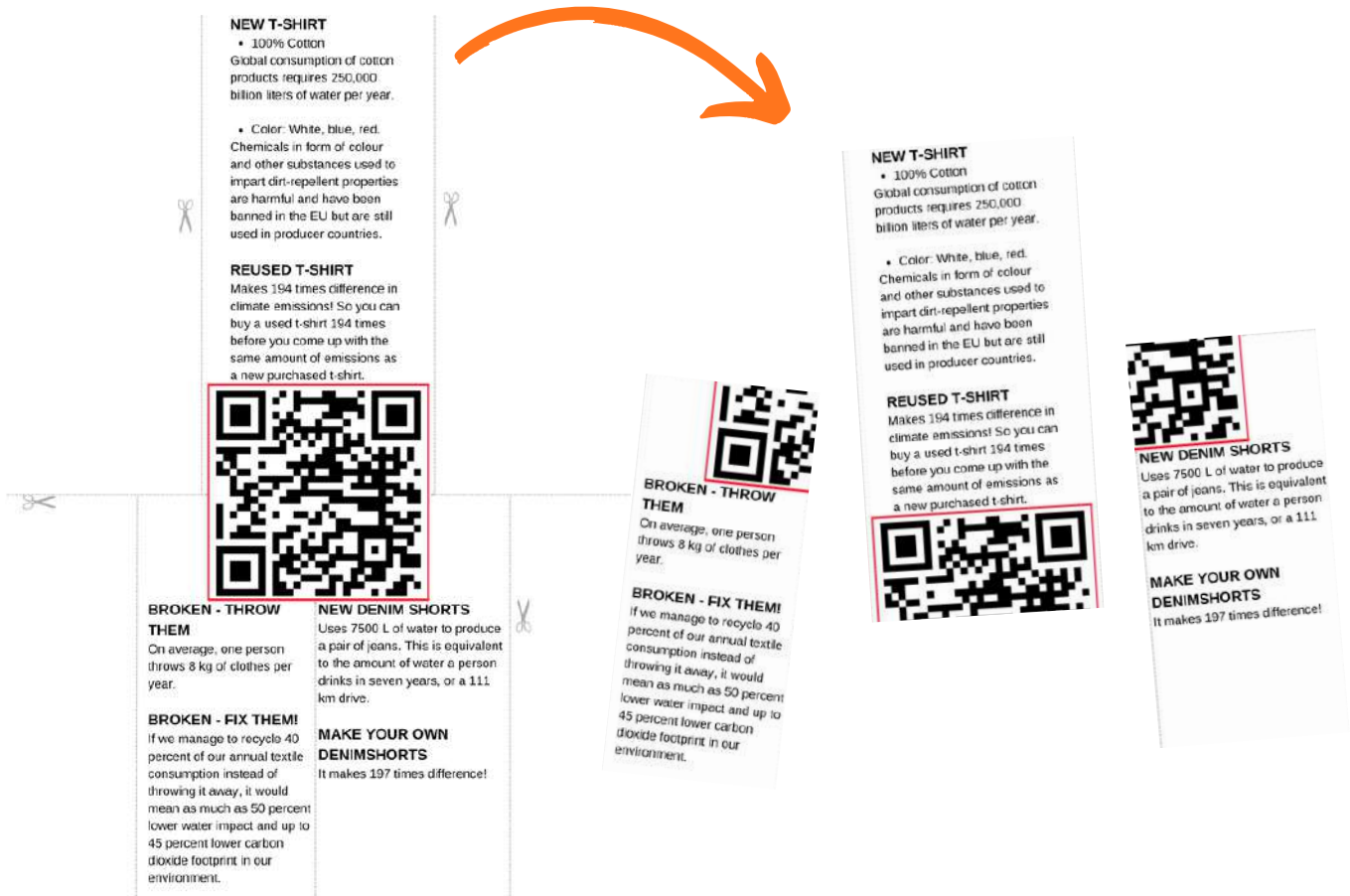
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Step 5

1 Prepare the clothes, so that the Hoodie is broken (you can e.g. cut a whole where the elbow is) and the pants are cut short (if they are not already shorts.)

2 Print the document with the QR-code and the notes about fashion. Cut it in 3 pieces, so that the QR-code can be puzzled together, following these instructions:



3 Then laminate each of them (front English, back Swedish)



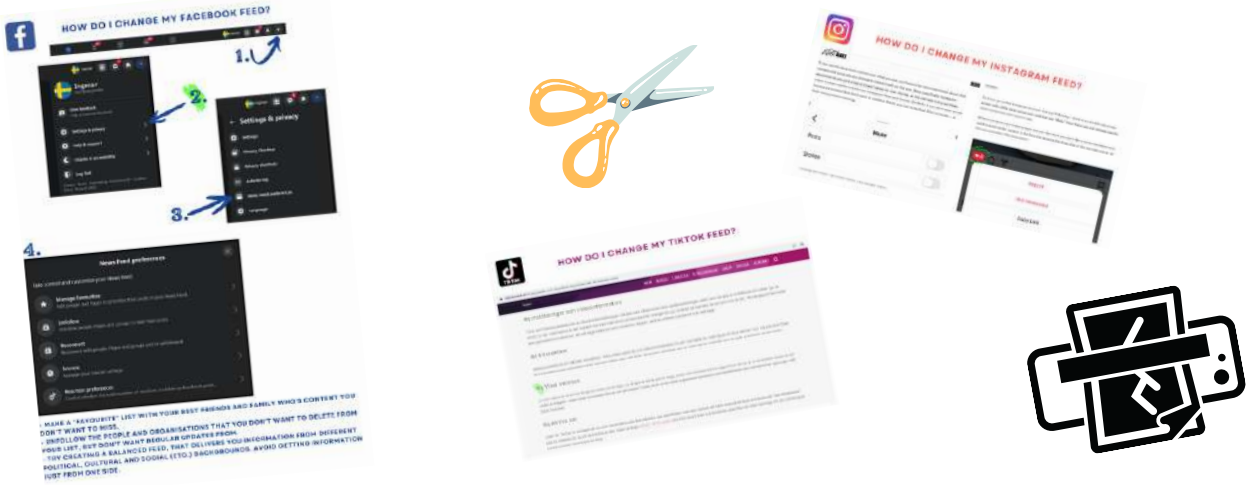
4 Attach the note about the T-shirt with a paper clip to the care label of the T-shirt. Do the same with the sweater/pullover and shorts.



Step 6

1

Print the information about how to change your social media feeds on facebook, tiktok and instagram, cut them and laminate them (English front, Swedish back)



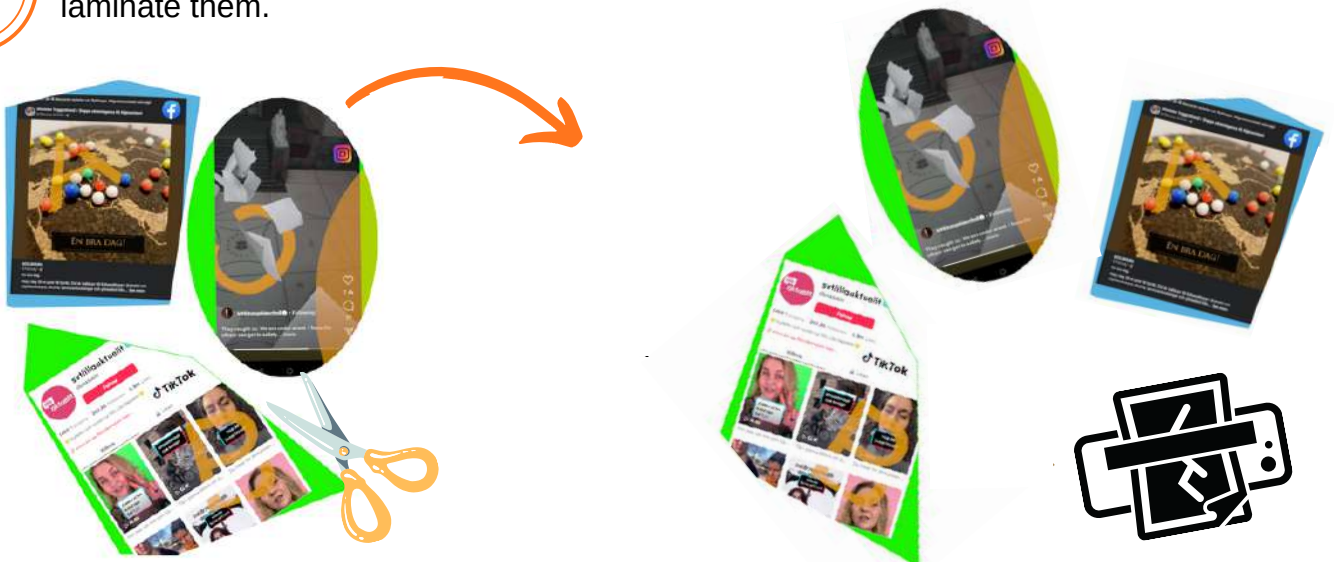
2

Now print the page with the old (red) social media feeds, cut them out and laminate them.



3

Now print the page with the new (blue&green) social media feeds, cut them out and laminate them.



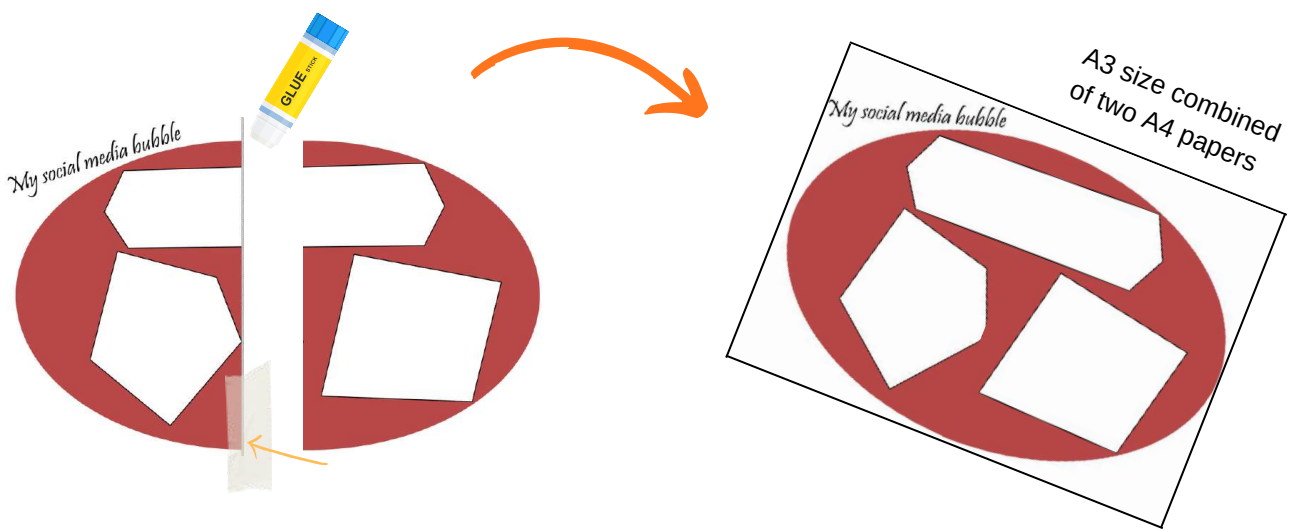
4

Put one of the new (blue&green) social media feeds each in one envelop. Close the envelopes but don't seal them/glue them closed. Write "for Ingmar" on all envelopes.



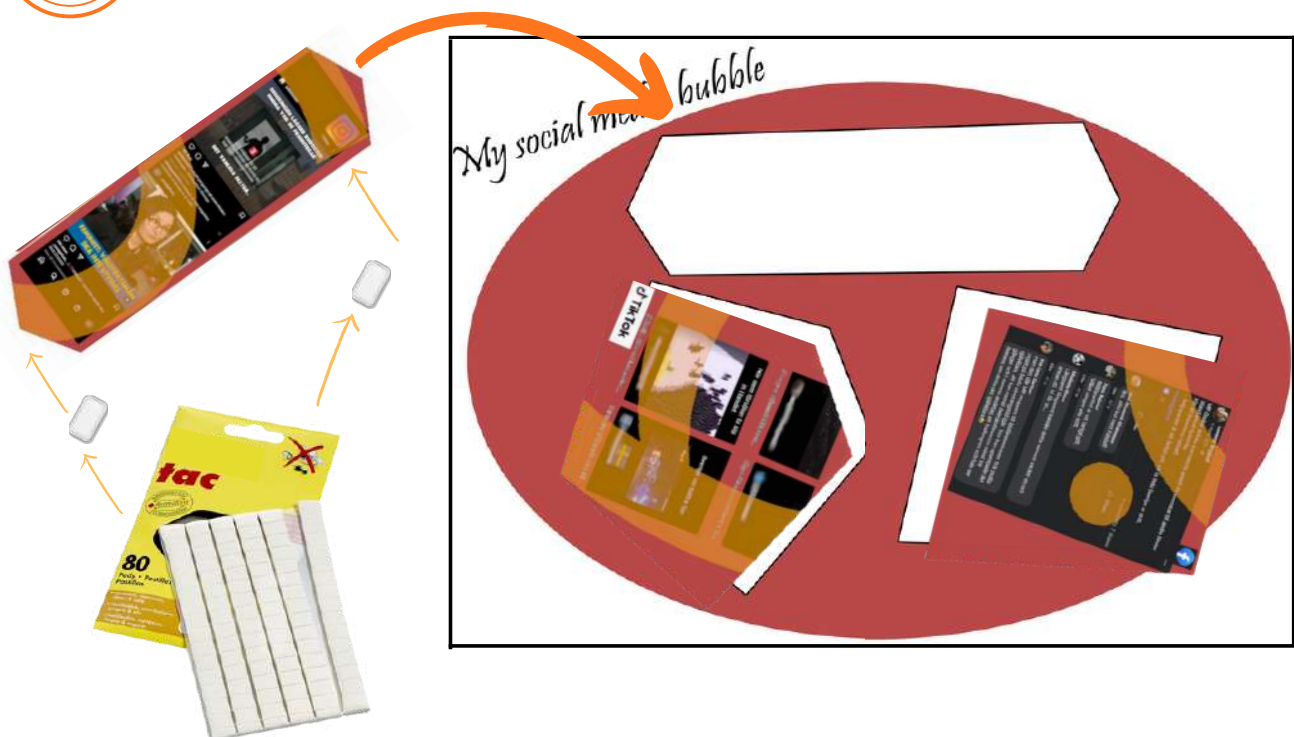
5

Now print the 2 pages " my social media bubble" (red), and glue them together on the marked area using glue stick or transparent tape. The two papers should form one bubble in the end.



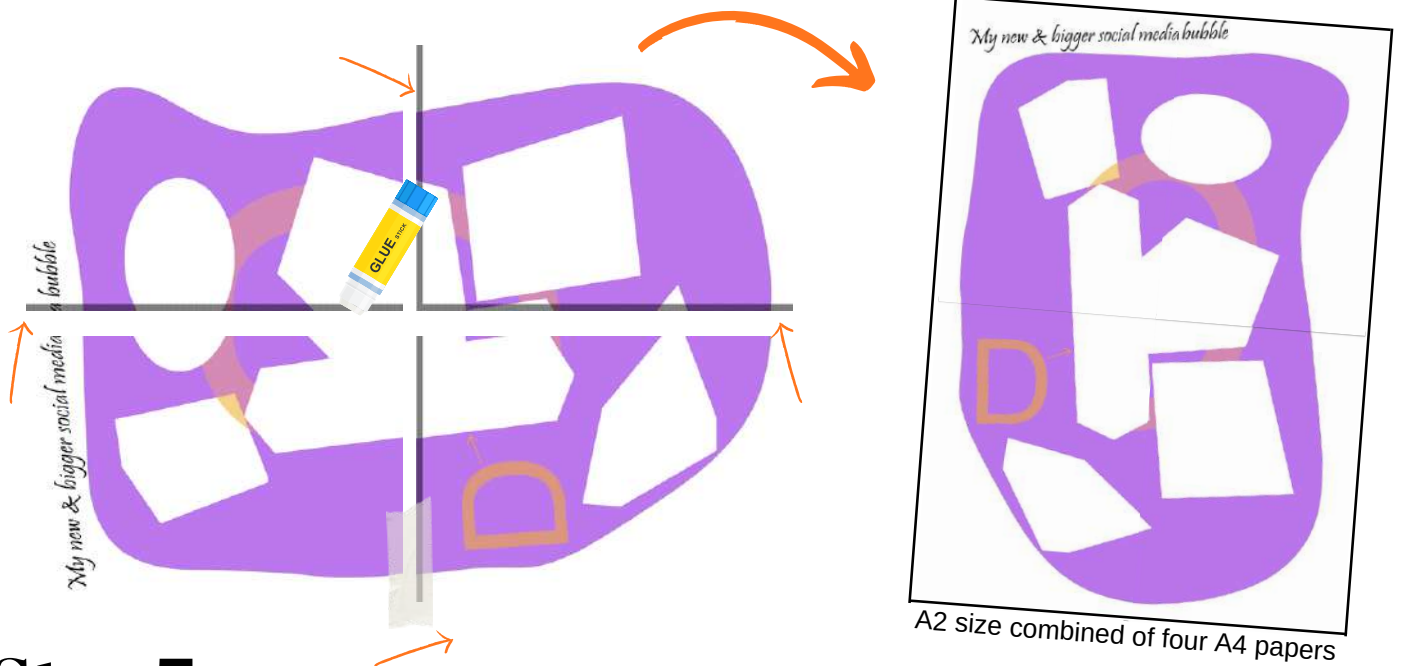
6

Now take some re-attachable glue and put the old "red" social media posts on the red "my social media bubble" on the white areas where they fit.



7

Similar to the previous point you will now print the 4 papers for the "new & bigger social media bubble" (purple), and glue them together on the marked area using glue stick or transparent tape. The four papers should form one bubble in the end. you can then fold it twice to get it to roughly A4 size.



Step 7

1

Now print the paper with the "code to open the professor's time portal" and a QR-code and cut it on the outlines as shown below.



2

Fold it in the middle to have the graphic and text on one side and the QR code on the other side. Then Laminate it.



Frontside



Backside



Prepare the room

It is now time to start preparing the room.

Step 1

Start by setting the locks to the following number combinations:



Gray Lock: 1948



Black Lock: 2030



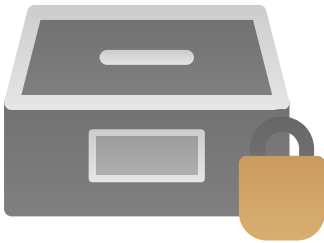
Red Lock: 2349



Blue Lock: 2009

Step 2

Put the piece of paper with "code to open the professor's time portal" into the small box/container or bag and lock it with the multilock and the 4 locks.



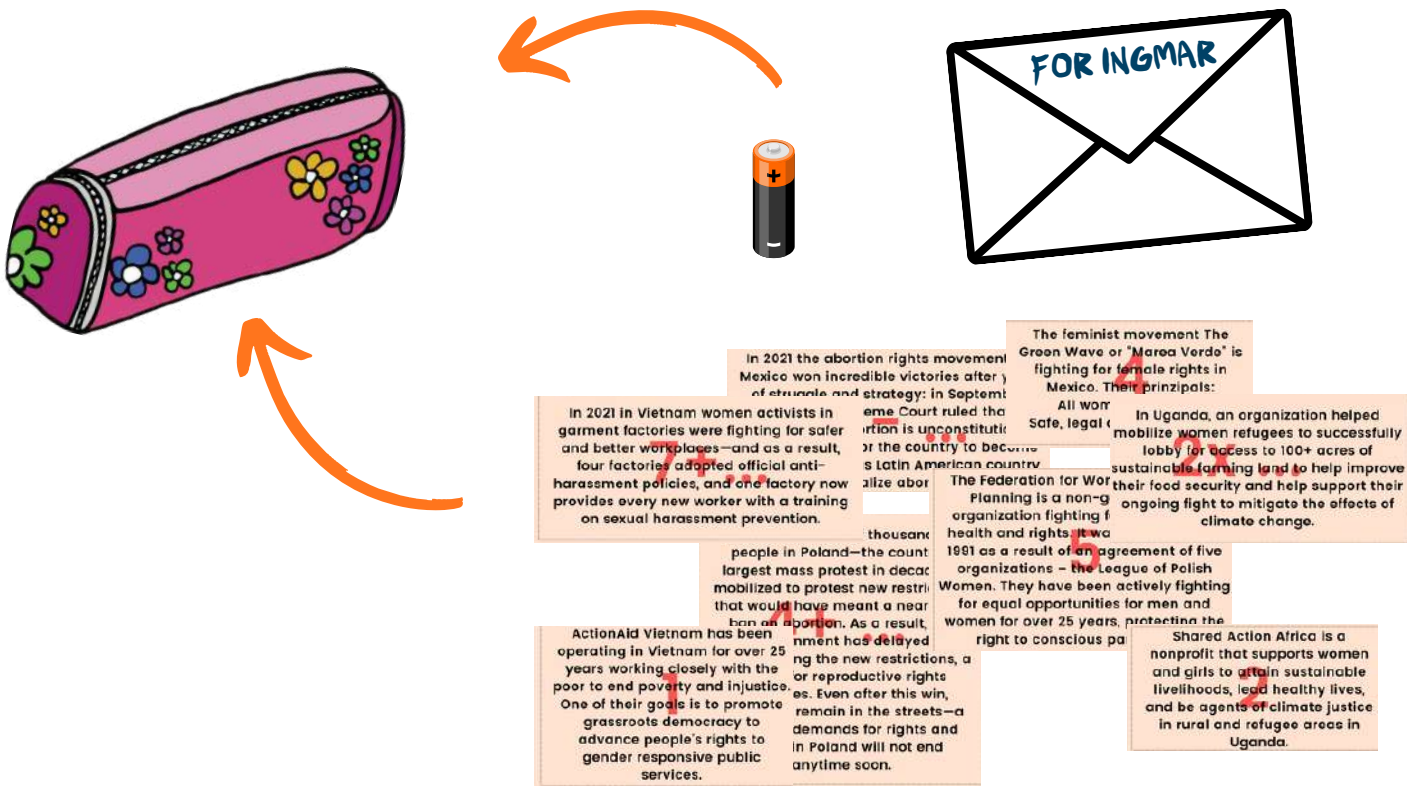
Step 3

Now we will prepare Alexandra's bag. Take one of the pencil cases/bags and put 1 envelope for Ingmar, the diary entry, the UV-lamp (without batteries) and the 4 politicians' papers inside.



Step 4

Now we will prepare Lila's bag. Take the other one of the pencil cases/bags and put 1 envelope for Ingmar, one battery, and the 8 notes about international NGO's and Actions with red numbers inside.



Step 5

Now we will prepare Maya's bag. Take the bag, that is big enough for all the clothes and put 1 envelope for Ingmar, one battery and all three pieces of clothes that have the notes secretly attached to their care label into it.



Step 6

Now we will prepare Ingmar's bag. Take the metal/rock magazine and hide the 3 information papers about how to change your social media feeds, as well as the "new&bigger social media bubble" (purple) in between the pages. Then put the magazine, the "social media bubble" (red) and a battery inside the big dark bag/backpack.



Step 7

Put all 4 profiles of the students into the folder.



Now the room is ready to be played!

Place the four bags, the folder with the profiles, the locked container with the final code (and a phone ready to scan QR-codes, in case the players don't use their own) on the table. Now the room is ready to be played!



The manual for the game can be found in the following link:



[link to Manual](#)



SECRET CODE FOR ACTIVE CITIZENSHIP



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